

Education, Advocacy, Hope

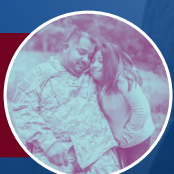


NKY SERVICE MEMBERS,
VETERANS, AND FAMILIES

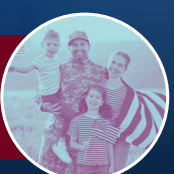
SUICIDE PREVENTION COALITION



Veterans are at a 57% higher risk of suicide than those who haven't served



An estimated 135 individuals are impacted by one suicide death

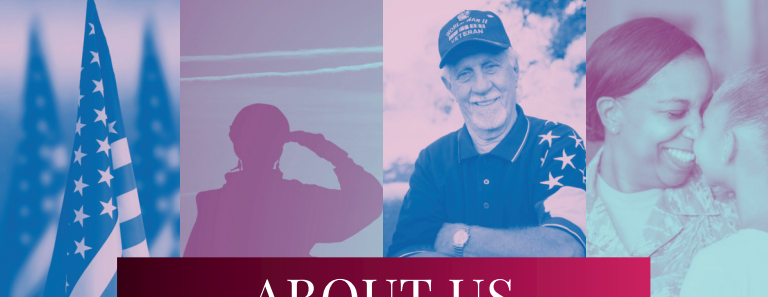


Death by suicide is 100% preventable;
We can't stop veteran suicide without community support

Risk Factors & Signs

- Hopelessness
- Anxiety, agitation, or mood swings
- Feeling like there is no reason to live
- Rage or anger
- Sleep disturbances
- Reckless, self-destructive behavior
- Increased alcohol or drug use
- Losing interest in hobbies, work, or school
- Withdrawal and isolation
- Giving away possessions

If a person talks about death, dying, or suicide, they require immediate attention.



ABOUT US

Mission

To reduce suicide by connecting NKY service members, veterans, and their families through collaboration, education, and advocacy.

Vision

Our vision is to provide hope, education, and awareness, and to create relationships among NKY veterans, service members, and their families.

History

We are a group of organizations and community members—including veterans—that formed in April 2022 to collaborate and offer diverse perspectives dedicated to one mission.

To learn more about our coalition and how you can be involved...

Visit www.Northkey.org/nkyvets
OR scan the code with your phone's camera:



There is hope, there is help.

Resources



DIAL 988, press 1, or text 838255

24/7, confidential crisis support for Veterans and their loved ones.



VISIT ONLINE

www.veteranscrisisline.net

Free, 24/7, confidential support is a click away. The Veterans Crisis Line can help even if you're not enrolled in VA benefits.



VISIT any VA or private hospital

Go to the nearest medical facility, hospital, or emergency room.